

The International Sathya Sai ORGANISATION

The inspiration of Sathya Sai Baba's example and message of unselfish love and service has resulted in the establishment of over 2.000 Sathya Sai Baba Centres in 140 countries all over the world.

The main objective of the Sathya Sai Organisation is the transformation of the human awareness, through the great miracle of Love manifested in thoughts, words and deeds..

The Sathya Sai Organisation is a spiritual humanitarian organisation, it does not belong to any religion and does not preach any. It expresses itself through three activities: Spiritual, Educational and Social Service.

The Spiritual activity covers spiritual awareness and the devotional aspects of behaviour developed through study circles, devotional singing, meditation, self discipline and moral conduct.

The Educational Activity offers to children, youth and adults diversified programmes in order realize in daily life the practical aspects of the Human Values: Love, Truth, Right Action, Peace and Non-violence.

Love is not an emotion, it is what we are within, our true quality, our inner "Self". Love expresses itself in the form of Selfless Love, being the expression of our true Divine nature. The awareness and practice of the five Human Values is a process of awakening to a spiritual life and a realisation of our true identity.

Truth is Love in words, it is the voice of our conscience, it is the Divine speaking. The search for Truth implies abandoning the identification with the body, surrendering to our true, Divine nature. It is the inner path instead of the outer path with all its attachments.

Right action is love in action; it is the word originating from the Divine spark within, translated into deed.

Peace is Love in feelings resulting in perfect equanimity. It is the outcome of unity between Thought, Word and Deed because we feel Peace when no inner conflicts remain

Non Violence is the outcome of understanding the Human Values and the Divine as the only reality. It means not to hurt anybody neither in thoughts, nor in words or deeds and to experience that the same Divine Principle lives in Nature and in all beings.

The result from the daily practice of the human values is an altruistic and compassionate person, honest, just, and happy. This means a spiritual transformation that modifies both the character of the individual and the social behaviour for the benefit of all mankind.

The Service activity Service is, in general, a binding requirement for every individual, being a Sai devotee or not. Those who are Sai members hold, however, the responsibility of understanding this activity, through coherent behaviour and through the knowledge that service is the highest form of spiritual discipline. In order to benefit fully, service must be perceived as a lifestyle and it must be regularly performed.

Service is an individual practice whose effectiveness increases when pursued as teamwork; one should anyhow remember that it is a discipline, which eventually may lead to a personal spiritual transformation.

Through rigorously practicing selfless service a process of personality and consciousness integration and development is activated at all levels: this process includes maturation of the emotional sphere, development of unity of thought, word and action as well as the realisation of the divine reality which is latent in every human being.

Selfless service should be carried out according to the following principles:

Equanimity, by overcoming likings and dislikings; by eliminating judgements; by developing the ability of discrimination between good and evil; by compassionate sharing.

Impartiality, by becoming detached from personal expectations such as gratifications, and by controlling one's own impulsive reactions.

Reliability toward the beneficiaries, through service continuity and availability, as well as towards the members of the team, through submission to the guidance from the organisational hierarchy and through co-operation.

Carefulness, which is pursued through perfection, concentration and mental awareness.

Amiability, that is expressed through simplicity, pleasantness, empathy, non-violence in speech and through an attitude of high respect towards the beneficiaries.

The Sathya Sai Centres constitute a spiritual movement toward a world where the acknowledgement and love for God results in the harmonious and loving interaction of all members of the human family. Love is the fuel for a spiritual movement towards realisation of unity, purity and divinity.

A common bond -love of God- and a common goal -spiritual growth towards awareness of the true reality of man-, unite the members of Sathya Sai Centres. The membership includes people from all walks of life, and the centre programmes are compatible with all the major religions. There is no fee for membership in a Sathya Sai Baba Centre, and donations are never solicited.

The European Sathya Sai Organisation

In Europe The Sathya SAI ORGANISATION is present in nearly 40 countries and it is very active both in the educational and social service activities.

In order to further the educational objectives the European Sathya Sai Education Institute (ESSE) was established in 1987. The inter-European ESSE faculty has ever since conducted seminars for teachers and members in the Sai Organisation all over continental Europe, including Russia and Russian speaking countries. Another branch of ESSE is the European EduCare Academy developing seminars for teachers and various professions and segments of society outside the Organisation. A part of the European EduCare Academy deals exclusively with training within the formal educational system (professional teachers and educators) as well as the establishment of Sathya Sai Schools and other educational institutions, including the adoption of existing schools. This branch is formally referred to as EISSE (European Institute of Sathya Sai Education).

Among the various social service activities an institution bearing the name of Sathya Sai host and assist the disabled in Italy. This institution consists of a guest house with over 20 rooms designed to host all kinds of handicapped persons; canteen; conference rooms; sport indoor stadium (51.5x40 metres) on two floors; swimming pool, areas dedicated to cultural activities, stages, workshops and training courses as well as specialised medical departments. This institution has as its objective to sensitize the disabled and their families for changes in their attitudes and approaches aiming at improving their integration in society. This is promoted by developing through sport activities their self-esteem and character, by training them in different skills and by giving them accurate specialised medical assistance.

In Russia and other Russian speaking countries medical camps are organised every year since 1998 with the participation of hundreds of doctors and volunteers coming from different European countries. These camps offer free medical care and medicines to thousands of patients every year.

In all the European countries a number of service activities are undertaken. In Denmark, Germany and Holland for instance programs for homeless people, visiting inmates in prisons etc. In other countries such as Croatia refugee camps are visited as well as homes for orphans. In Greece extensive help has been organised for neighbouring countries, such as Bosnia-Herzegovina and Serbia, including organising camps for children. In Germany there are service projects for the mentally handicapped, for old and for the sick. The same kind of service projects are undertaken in for instance Austria, Belgium, Bosnia-Herzegovina, Finland, France, Luxembourg, Macedonia (FYROM), Norway, Portugal, Serbia, Spain, Slovenia, Sweden, Switzerland, the Baltic countries, Hungary, Poland, Slovakia and Czeck Republic.